

## References

- 1 Churchill R., Stemless shoulder arthroplasty: current status. J Shoulder Elbow Surg 2014;23:1409-14.
- 2 Churchill R., Clinical and radiographic outcomes of the SIMPLICITI canal-sparing shoulder arthroplasty system: a prospective two-year multicenter study. J Bone Joint Surg Am. 2016;98:552-60.
- 3 Berth A., Pap G. Stemless shoulder prosthesis versus conventional anatomic shoulder prosthesis in patients with osteoarthritis. J Orthop Traumatol 2013;14:31-7.
- 4 Data on file.

*This pamphlet contains general medical information and does not replace the medical advice of your physician. If you have questions about your medical condition or exercises, ask your doctor or health care provider.*

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PATIENT EDUCATION

# SIMPLICITI<sup>™</sup> Shoulder System



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## Is shoulder pain keeping you from your active lifestyle?

You don't have to suffer.  
There is a reliable, effective solution.

Shoulder replacement (also called shoulder arthroplasty) can offer new hope for patients suffering from chronic shoulder pain. Shoulder replacement is the third most common type of joint replacement, after knees and hips.

Today, orthopaedic surgeons who specialize in shoulders are using advanced bone preservation technologies and implants to relieve pain and restore mobility in patients with compromised shoulder function.

## Is it time for shoulder replacement?

This is a question only you and your orthopaedic surgeon can answer together. If you've tried and failed to get relief from non-surgical treatments it may be time to consider total shoulder replacement.

Some of the topics you and your surgeon may discuss to determine if total shoulder replacement is the right option for you include, but are not limited to:

- current function of your rotator cuff
- your age
- your activity level
- your everyday living expectations
- your overall health

Like any surgery, total shoulder replacement surgery has risks and benefits. Your orthopaedic surgeon will carefully review the potential benefits and risks with you.





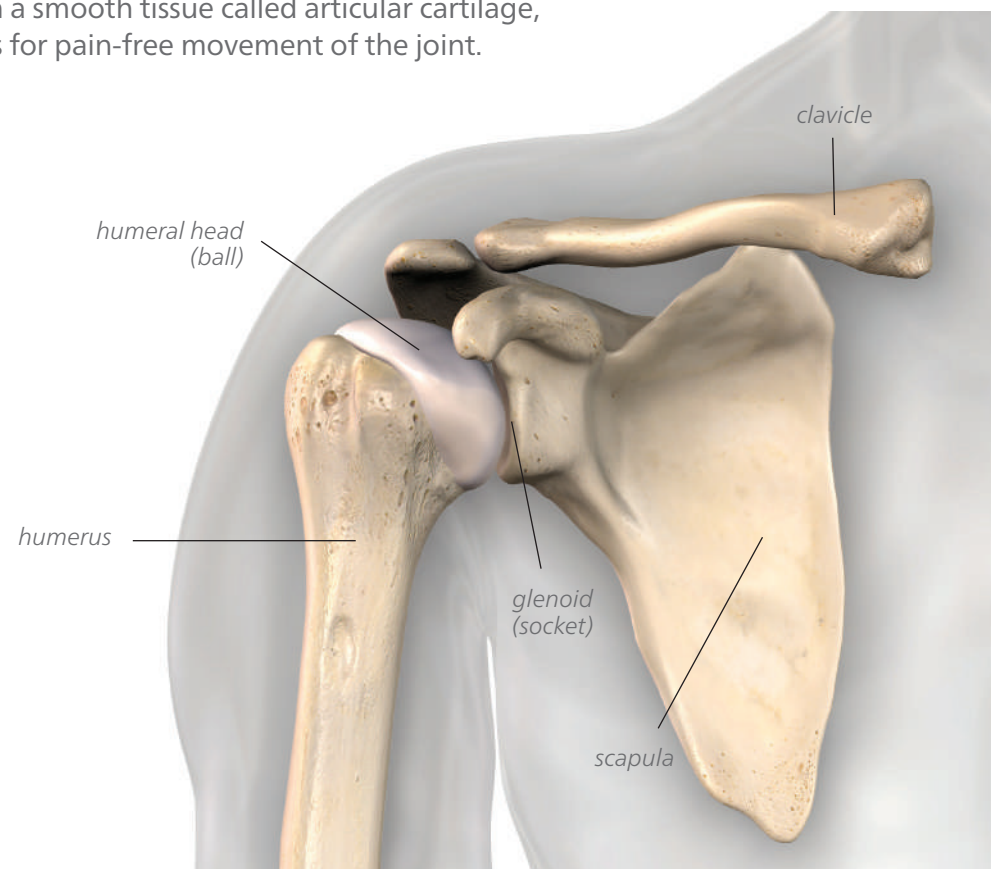
# Shoulder Anatomy & Conditions

## SHOULDER ARTHRITIS



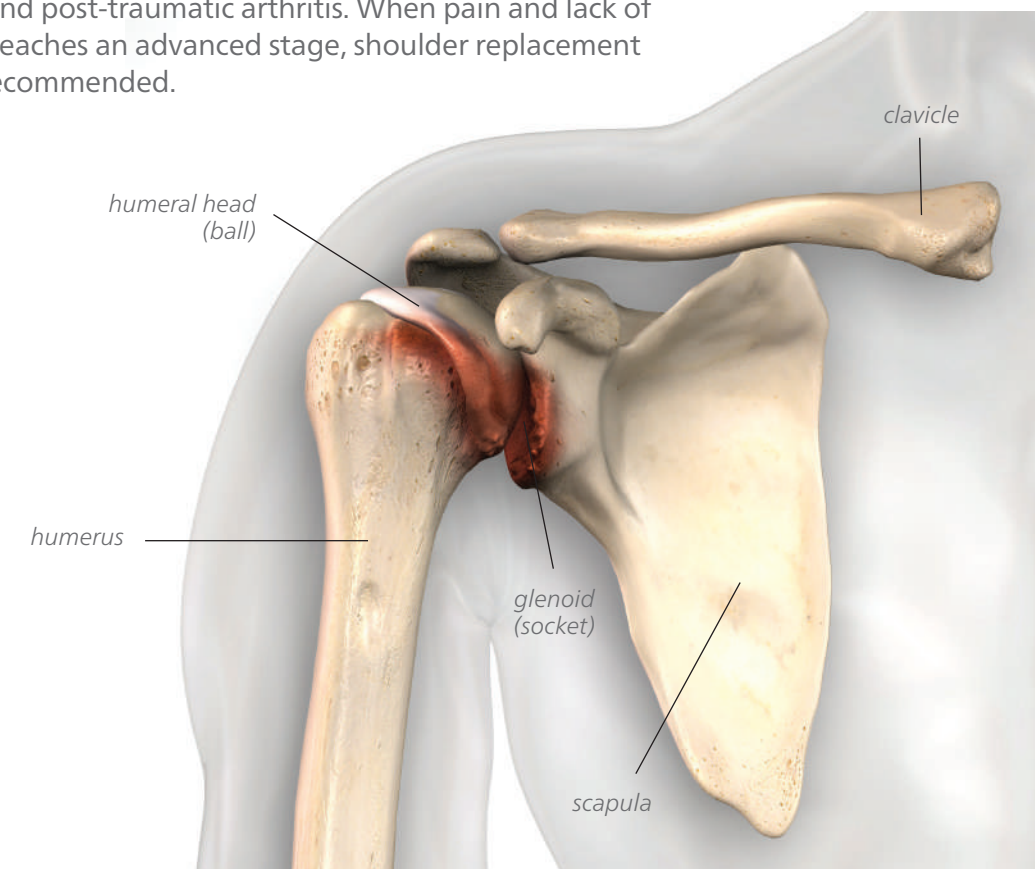
### Healthy Shoulder

Your shoulder is a ball-and-socket joint. The ball (humeral head) is on the top of the humerus, the long bone in your arm that runs from your elbow to your shoulder. The ball fits into a socket (glenoid) which is formed by your shoulder blade (scapula) and your collar bone (clavicle). The surface of the ball and socket are covered with a smooth tissue called articular cartilage, which allows for pain-free movement of the joint.



### Shoulder with Arthritis

Arthritis causes the cartilage—the smooth tissue covering bones—to break down. When the cartilage breaks down, the ball and socket of the shoulder joint rub against each other, which is painful, causes swelling and limits your range of motion. There are many types of arthritis, the most common types affecting the shoulder are osteoarthritis, rheumatoid arthritis and post-traumatic arthritis. When pain and lack of mobility reaches an advanced stage, shoulder replacement may be recommended.



For more information on shoulder replacement, speak with your surgeon and visit:

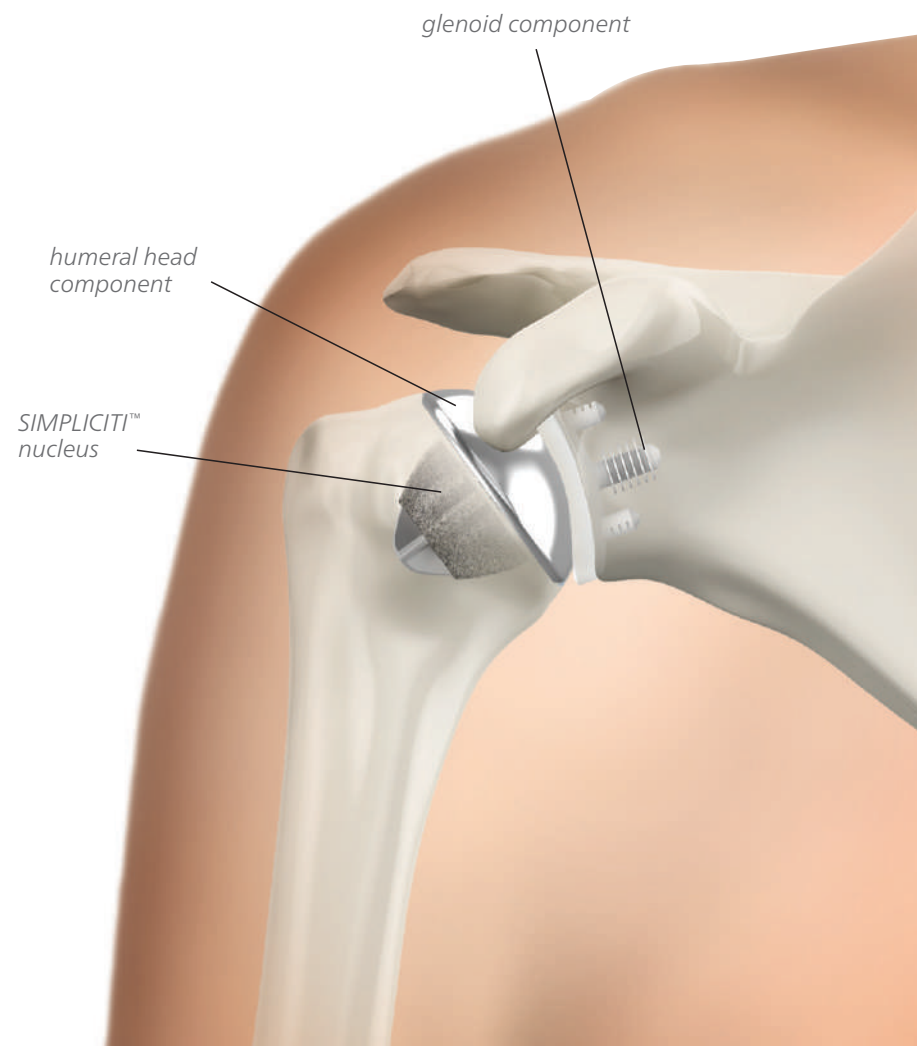
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# Stemless Shoulder Replacement

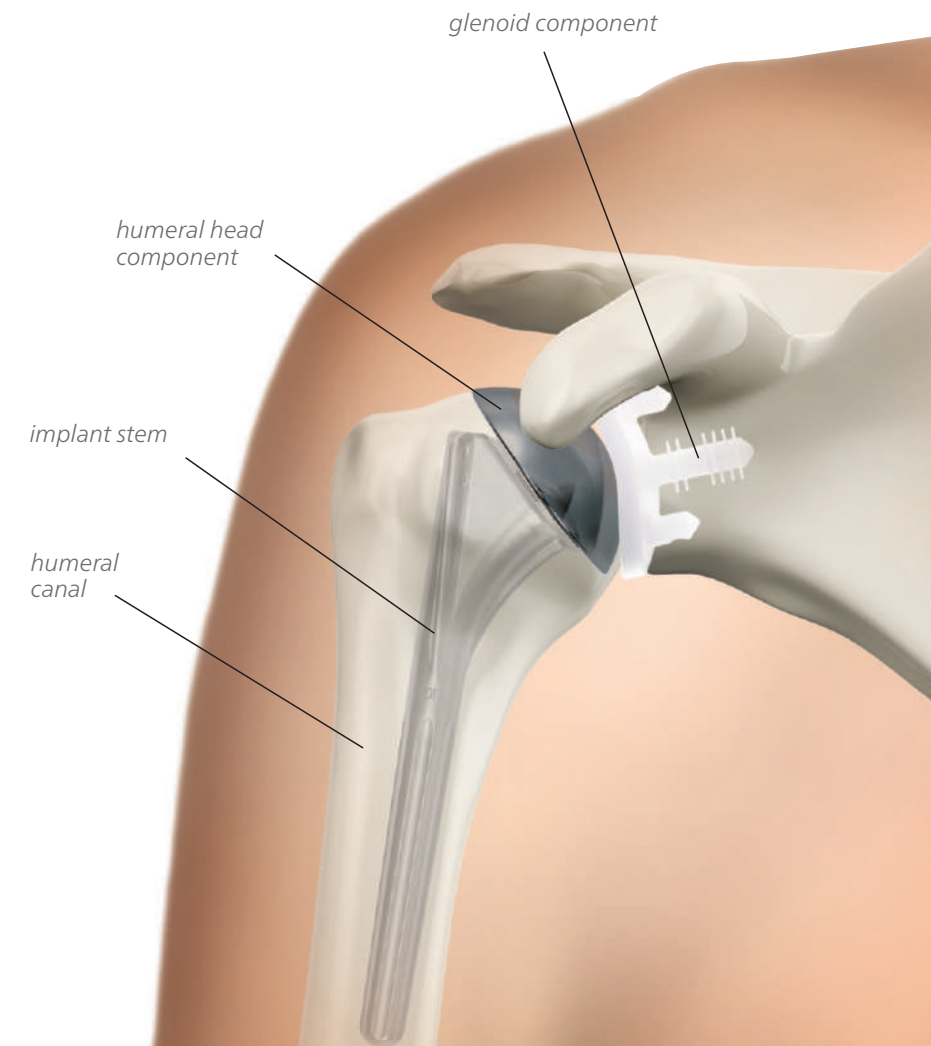
## SIMPLICITI™ SHOULDER SYSTEM

During shoulder replacement surgery, the ball (humeral head) and socket (glenoid) are replaced with implants, bone must be removed to allow the implants to be put in place. Some shoulder replacement systems have a long stem that's inserted into the shaft of the humerus after bone has been removed. SIMPLICITI is a stemless shoulder replacement system, featuring a "nucleus" instead of a long stem which means less bone is removed to secure it in place.

### SIMPLICITI Shoulder System



### Long-Stemmed Shoulder Replacement System



For more information on shoulder replacement, speak with your surgeon and visit:

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# Stemless Shoulder Replacement

SIMPLICITI™ SHOULDER SYSTEM



SIMPLICITI

## Bone Preservation

Stemless shoulder replacement is less invasive and preserves more bone than traditional long-stemmed shoulder replacement systems.

The benefits of stemless shoulder replacement may include:

- simplified implant placement<sup>1,3</sup>
- less blood loss during surgery<sup>2</sup>
- less time in the operating room<sup>2</sup>
- less pain after surgery<sup>2</sup>, which may promote a faster recovery
- bone preservation for any future procedures that are needed

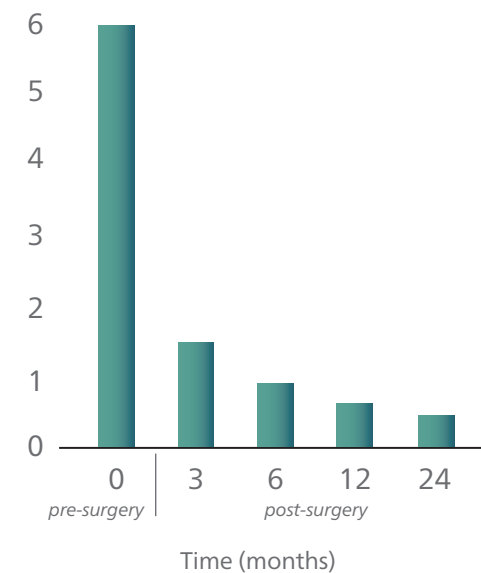
*Bone preserved with SIMPLICITI versus traditional long-stemmed implant*

## Less Pain and More Living

In a US-based clinical trial, SIMPLICITI showed significant improvement in patient's shoulder pain and function:<sup>2</sup>

- greater than 60% of patients reported no shoulder pain at 6 months after surgery, the remaining patients reported mild to moderate pain<sup>4</sup>
- greater than 85% of patients reported no limitations to daily living at 2 years after surgery<sup>4</sup>
- greater than 90% of patients reported "seldom to none" sleep issues at 6 months after surgery<sup>4</sup>

**Pain**  
(Visual Analog Scale)



For more information on shoulder replacement, speak with your surgeon and visit:

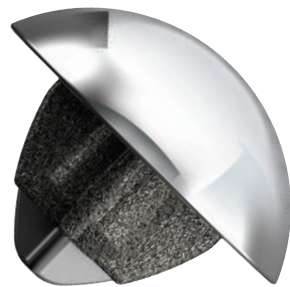
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# Stemless Shoulder Replacement

SIMPLICITI™ SHOULDER SYSTEM



## SIMPLICITI Shoulder System



## Traditional Long-Stemmed Implant



*Images reflect actual implant size.*

## Ask Your Surgeon if SIMPLICITI is Right for You

You may qualify for SIMPLICITI total shoulder replacement if:

- you have osteoarthritis or arthritis resulting from an injury (traumatic arthritis)
- you have severe or disabling shoulder pain
- you have a good functioning rotator cuff
- treatments, such as steroids or physical therapy, have not helped with your shoulder pain and movement



*SIMPLICITI is not for people with poor bone quality, metal allergies or infections.*

For more information on shoulder replacement,  
speak with your surgeon and visit:

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